

# Belgium Liege Trip Away

Up Dated on Thursday, 25 February 2010

Dear Swimmers and Parents.

Just a short note to say that time is marching on and the trip to Belgium and the Seraing Swimming Grand Prix of 2010 is fast approaching. (Depart 25<sup>th</sup> March)

The organising committee would like to remind all “travellers” that there is still some documentation outstanding and **moneys** (Second €100) and would appreciate if they were returned ASAP.

*(All moneys and forms **must** be returned by Saturday the 27<sup>th</sup> Feb 2010. This will be the cut off point and any swimmer not returning forms and moneys will be deemed not to be travelling)*

We have put a quick check list together to help.

1. [Everybody must have a current passport.](#)
2. [Everybody must have a European Health Insurance Card \(E111\).](#)
3. [Everybody must have Travel Insurance.](#)  
[\(Please fill in waver or €5.50 for group insurance\)](#)
4. [Everybody must sign the Code of Conduct](#)
5. [Everybody must read, sign and return the Guidelines for the trip](#)
6. Please remember, you will **only** be able to bring one bag and you will carry it on the plane with you.  
[Cabin/Carry-On Baggage \(from Are Lingus website\)](#)
7. [Cabin baggage must weigh less than 10 kgs / 22 lbs s in total, carried in one bag per passenger and be small enough to fit in an overhead bin or under your seat.](#)

[The maximum dimensions for a cabin bag are 56 cms x 45 cms x 25 cms or 22in x 18in x 10in.](#)



**These limits are strictly enforced.** Passengers in breach of the baggage allowance policy will be subject to additional baggage charges at the gate or may be offloaded.

All cabin/carry-on bags are checked and weighed at the airport. Any bags exceeding size and/or weight will be checked-in and passengers must pay a fee of €18.00 or equivalent per bag per flight for their bags when checking-in.

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Passengers are not permitted to carry any bag containing sharp objects. Also please note carriage of liquids is curtailed as per the EU Security Rules At Airports, effective since 6 November 2006.

8. The bag dimensions are about the same as your SWSC swim bag, do **NOT** bring any towels with you. You will be able to utilize the hotels
9. You may book on another bag at the airport but you will have to pay. The following charge will apply Cork/Dublin to Europe €15 online - €18 at the airport (one way)
10. Please remember that Everybody must be at the airport 30 min before check in (time to be confirmed at next meeting).
11. We hope to have another meeting for parents and swimmers at **8:30** am (after training session) on the **6<sup>th</sup> March 2010**
12. Please check the website for more information .
13. All passports and E111 cards will be collected and held by the Team Management prior to the trip.