

Sundays Well Swimming Club**Individual Meet Results****Irish Long Course Championships 12-Apr-07 to 15-Apr-07 [Ageup: 31/12/2007] LC Meters****Location: NAC****Sundays Well Swimming Club [SWSC] Coach: Neil Coffey**

Time	F/P/S	Event	Place	Points	Improv
Cummins, Lorna (17) G (HC)					
30.13L	S # 4	Girls Open 50 Fly	4	---	-0.66
30.30L	P # 4	Girls Open 50 Fly	6	---	-0.49
30.35L	F # 4	Girls Open 50 Fly	6	---	-0.44
35.73L	F # 8	Girls Open 50 Breast	6	---	-0.50
35.82L	S # 8	Girls Open 50 Breast	7	---	-0.41
36.91L	P # 8	Girls Open 50 Breast	9	---	0.68
1:05.05L	F # 16	Girls Open 100 Fly	4	---	-0.35
1:05.64L	S # 16	Girls Open 100 Fly	4	---	0.24
1:06.32L	P # 16	Girls Open 100 Fly	3	---	0.92
2:30.28L	F # 22	Girls Open 200 IM	7	---	-2.48
2:32.11L	P # 22	Girls Open 200 IM	7	---	-0.65
1:20.03L	P # 26	Girls Open 100 Breast	9	---	-0.26
2:21.45L	F # 33	Girls Open 200 Fly	2	---	0.93
2:23.38L	P # 33	Girls Open 200 Fly	1	---	2.86
Mangan, Gerard (19) B (HC)					
2:19.31L	P # 1	Boys Open 200 Back	10	---	4.29
33.78L	P # 7	Boys Open 50 Breast	12	---	0.15
36.26L	S # 7	Boys Open 50 Breast	16	---	2.63
30.14L	S # 15	Boys Open 50 Back	11	---	0.13
30.17L	P # 15	Boys Open 50 Back	7	---	0.16
1:01.91L	S # 23	Boys Open 100 Back	3	---	-0.89
1:02.07L	F # 23	Boys Open 100 Back	3	---	-0.73
1:02.49L	P # 23	Boys Open 100 Back	4	---	-0.31
26.59L	P # 27	Boys Open 50 Free	21	---	-0.10
NS	P # 36	Boys Open 200 Free	---	---	---