

MUNSTER GRADE “C “ GALA

VENUE : **Tralee 14th January Mayfield 15th January**
Tralee – Mallow, Kingdom, Askeaton, Seaworld, Limerick, Ennis,
Nenagh, Kenmare, Clonakilty
Mayfield – Carrick, Clonmel, Splashworld, Waterford, Dolphin, Sundays Well,
Fermoy, Kingfisher, Tiger Sharks

DATE : **Tralee 14th January Mayfield 15th January 2012**

TIME : 9 a.m. Warm up 10 a.m. Start

ENTRIES : Entries on Hy-Tek ONLY (File attached), which must be accompanied by fees. Entries received without fees will be returned. Incorrect or false entries will NOT be accepted and monies for these will be held by the Region.

FEES : €12.00 per swimmers to cover all individual events, €20.00 per relay. Cheques made payable to “Munster Region SI” to be forwarded to **Mary Phelan, 149 Ballinacurra Gardens, Limerick**

CLOSING DATE : **Wednesday 4th. January 2012**

ENTRIES RECEIVED AFTER THE CLOSING DATE WILL NOT BE ACCEPTED.

ENTRIES TO : Pat Donovan at patdonovan2@eircom.net

Swimmers may only swim in five events, two of which must be the 100m Freestyle and the 100m Ind. Medley

No qualifying times are required, but where times have been achieved these must be submitted.

Swimmers achieving the cut off time in the 100m Freestyle **and** the 100m Ind. Medley event **or** the 100m Freestyle **and** 2 of the 50m events (Back, Breast or Fly) will then be eligible to swim in Grade “B” galas, and will no longer be considered Grade “C” swimmers.

CUT OFF TIME

| | | | |
|--------------------------|--------|-----------------------------------|--------|
| 1. Boys 100m Freestyle | 1.29.0 | 11. Boys 100m Ind. Medley | 1.43.0 |
| 2. Girls 100m Freestyle | 1.32.0 | 12. Girls 100m Ind. Medley | 1.47.0 |
| 3. Boys 50m Backcrawl | 46.00 | 13. Boys 50m Freestyle | |
| 4. Girls 50m Backcrawl | 48.00 | 14. Girls 50m Freestyle | |
| 5. Boys 50m Butterfly | 51.00 | 15. Boys 50m Breaststroke | 52.00 |
| 6. Girls 50m Butterfly | 54.00 | 16. Girls 50m Breaststroke | 53.00 |
| 7. Boys U/11 4x50m MTR | | 17. 6 x 50m Freestyle Canon Relay | |
| 8. Girls U/11 4x50m MTR | | ONLY 1 per club | |
| 9. Boys U/13 4x50m MTR | | (1 Boy, 1 Girl each age group) | |
| 10. Girls U/13 4x50m MTR | | | |

Medals will be presented in U/11, U/13 U/15 age group. There is no senior category.
Clubs must name a team manager who will be responsible for the club swimmers at the competition. Failure to do so will result in entries not being accepted.

MUNSTER GRADE "C" GALA- January 14& 15. 2012

_____ Individual Entries @ €12.00 per swimmer =

_____ Relays @ €20.00 =

TOTAL =

CLUB _____

SECRETARY _____

ADDRESS _____

TEL NO, _____

Team Manager _____

**Please indicate the name of a person from your club who will be willing to act as an official.
All competing clubs MUST provide at least one official.**

NAME _____

CAPACITY _____

TEL. NO. _____

GALAS CANNOT BE RUN WITHOUT OFFICIALS, WE RELY ON TOO FEW
FOR TOO MUCH.

If sufficient officials are not present, galas will be cancelled

POOL RULES

In order to comply with health and safety standards within swimming pool and at the request of a number of pool managers the following rules must be complied with

- 1. All swimmers must wear hats**
- 2. No outdoor shoes to be worn on the pool deck.**
- 3. Swimmers are not permitted on the balcony or stairs in wet gear.**
- 4. Adequate supervision of competitors must be in place at all times. Chaperones/Managers must be appointed for each club. Any damage caused to the complex will be charged to the club involved.**
- 5. Where lockers are provided these should be used. Unattended belongings may be removed by staff.**
- 6. Litter bins should be used.**
- 7. Parking should be in designated areas ONLY.**
- 8. Leisure centres / pools should be treated with respect.**