

SUNDAYS WELL SWIMMING CLUB

Affiliated to Swim Ireland



Founded 1924



Sundays Well Swimming Club invites you to compete at the
Michael Bowles Festival of Sprint Swimming
12th & 13th December 2009.

50's in all strokes PLUS 4 X 50m relays in all strokes.

Age Groups:			
Under 11	Under13	Under15	Open

Venue: LeisureWorld, Bishopstown, Cork, Ireland.
25m Complex

Come and join us for a festival of fast swimming and fun for all!

For further details please contact:

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Aidan Murphy (Gala Organizer) 0877495983
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Special accommodation rates available on request