

Pre-competitive to B Squad

- **B squad coaches to assess Male & Female children**
- **Children that have had swimming lessons should be competent and have good balance & co-ordination in the water**
- **Children must be prepared to swim as per B Squad timetable given in SWSC web site www.sundayswellsc.com, i.e. 5 one-hour sessions per week and parents must be happy with this process**
- **Children will be attending a Munster Graded gala approx. once per month; they need to be willing to compete individually and in relay teams**
- **If children are not coming through the SWSC teaching hours they can then be assessed by the B Squad coaches directly**